

Astral 150 Ventilator Information and User Guide for Qualified Professionals



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Please Note: This user guide includes detailed guidance on setting and altering ventilation parameters. This guide should therefore be used only by qualified medical professionals and those that have appropriate training to use this device. For non-qualified members of staff please use the alternative user guide titled 'Astral 150 Ventilator: Information and User Guide for Home Care Workers'. Information was correct at time of printing and will be reviewed at next review date shown below. This document was also review by ResMed for accuracy.

Description of Outside of Ventilator



Inspiratory Port: Air going to the patient.



Oxygen connect



- 1. Touch screen
- 2. Power source indicator

Power source indicators

- AC (mains power supply)
- DC (external battery or car accessory adapter)
- Internal battery

3. Ventilation on/off indicator



Constant green display when the device is turned on but not ventilating.

Device ventilating
Flashes blue when the device is ventilating and the Ventilation LED setting

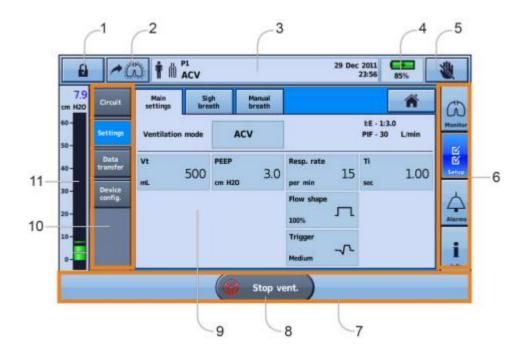
4. Alarm mute button

is 'ON'. Otherwise is 'OFF'.

5. Alarm light

Flashing red High priority alarm
Flashing yellow Medium priority alarm
Constant yellow Low priority alarm

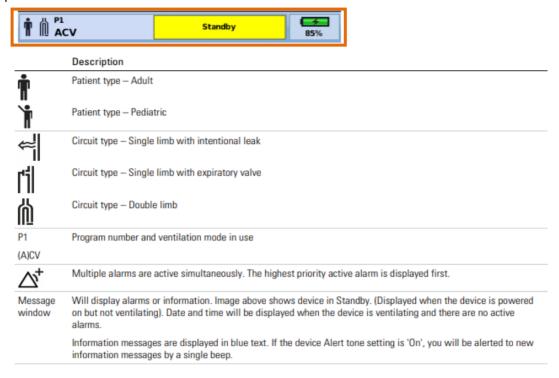
Understanding the Screen



- 1. Lock/unlock button to access clinical menu
- 2. Manual breath button (only shown if enabled and in some settings)
- **3.** Information bar (see page 6 for more information)
- 4. Battery power indicator
- 5. Lock touch screen button
- **6.** Menu bar (see page 6 for more information)
- 7. Bottom bar
- 8. Start/Stop ventilation button
- 9. Main screen
- 10. Sub menus
- 11. Pressure bar (see below for more information)

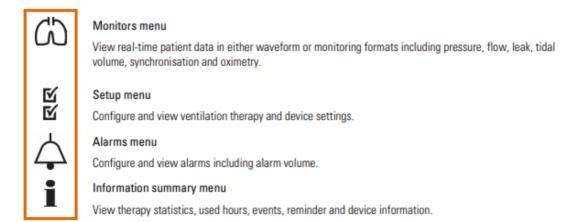
Information Bar (3)

The Information bar is displayed at the top of the touch screen. The Information bar displays the operating status of the device, including patient type, current circuit configuration, programs, information messages, ventilation status, alarms and power status.

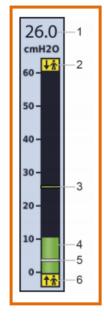


Menu Bar (6)

This provide access to the four main menus in the Astral Device.



Pressure Bar (11)



	Peak inspiratory pressure (PIP) value			
	eak inspiratory pressure (FIF) value			
,	Spontaneous cycled breath marker—indicates patient-cycled breath			
	Peak inspiratory pressure marker			
(Current pressure			
F	Positive end expiratory pressure (PEEP) setting			
	\$\frac{1}{7}\$ Spontaneous triggered breath marker—indicates patient-triggered breath			

Power

The Astral runs on mains power and can be used with different power sources. These includes internal battery power, external battery power and car charger power source.

Removing the power lead

The power cord is equipped with a push-pull locking connector. To remove, grasp the power cord housing and gently pull the connector back- this will release the power cord.

NEVER twist its outer housing or pull on the cord and NEVER force the cord from the Astral as it will break the collar and it cannot be repaired.





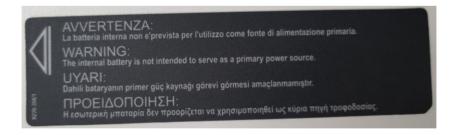
Internal Battery Power

The ventilator has an internal battery. Whilst the ventilator is connected to mains power the internal battery will charge. When the mains power is disconnected the ventilator will automatically switch to using the internal battery (assuming no external battery is connected). There is no interuption to ventilation when this happens. The ventilator will notify you of this change by sounding an alarm. The internal battery life is approximately 8 hours. There will be slight variations in the battery life dependent on the individual child's ventilator parameters and the child's respiratory pattern. Please observe the internal battery indicator carefully.

Display	Description
100%	When the internal battery is in use, but the device is not ventilating, the battery charge level is displayed.
8h00	When the internal battery is in use during ventilation, the remaining usage is displayed as estimated by current operating conditions.
7 0%	When the internal battery is charging, the charge battery symbol and percentage charged is displayed.

Warning:

- Please ensure to regularly check the internal battery.
- The internal battery should be replaced every two years, or when there is a noticeable reduction in usage time when fully charged.
- Following a Field Safety Notice 1706001, MHRA has released a for the Astral ventilator (July 2017) concerning the Astral power supply. Their current recommendations are that the internal battery is NOT intended to serve as a primary power source. It should only be used when other sources are not available or briefly when necessary; for example, when changing power sources. See image below.



Please Note: When the ventilator is running on internal battery power in standby mode no alarms will sound, take care to observe the battery life indicator.

External Battery Power

The external battery will power the device for approximately 8 hours. A maximum of two external batteries can be connected to the Astral device.

Please Note:

- There will be slight variations in the battery life dependent on the individual child's ventilator parameters and the child's respiratory pattern. Please observe the internal battery indicator carefully.
- The external battery cannot be charged from your main power. This can be used and recharged while connected to the Astral device.



⚠ WARNING

External battery with charging device – charging both external and internal batteries

Do not attempt to connect more than two external batteries. Battery specific messages and alarms on the Astral device will not operate for any additional units.

Previous External Battery

This may still be seen in the community giving 8 hours of power during typical use.

Please Note: When using this battery, the internal battery will not be charged. Do not use this battery with the new external battery seen above. This is charge using an adapter connected to main power.



Using a car Charger

When using a car adapter, start the car before connecting the adapter. If the power source drops the ventilator will switch automatically to internal battery power.



Battery information

The battery information can be accessed from the Battery sub-menu in the Information menu. This menu has two tabs

- Charge—displays the current charge level (0-100%) for any batteries currently detected by the system, as well as the total system charge.
- Maintenance—displays the full charge capacity and the charge cycle count for any batteries currently detected by the system



Regularly check the charge level of the internal battery and any connected external batteries. It is recommended to replace any batteries at 400 charge cycles.

Battery maintenance

Monthly

Check the charge level of the internal battery by:

- removing external power and operating the device on internal battery for a minimum of 10 minutes.
- reviewing the remaining battery capacity, refer to Using the Internal battery (see page 63).
- restoring external power once the test is complete.

If Service reminders are enabled, you will get a notification on the device when there is a measurable reduction in battery usage time.

The internal battery will be depleted if the device is left in storage for an extended period of time. During storage, ensure the internal battery is recharged once every six months.

Storing and recharging

If the internal battery is not used, it must be recharged every six months. It takes approximately four hours to fully recharge the internal battery from depletion; however, this can vary depending on environmental conditions and the device operating state.

To prepare the internal battery for long-term storage:

- 1. Check that the battery charge level is between 50 and 100%. If not, charge the device to at least 50% prior to storage.
- 2. Remove the power cord from the Astral.
- 3. Turn off the device.

To recharge the internal battery:

- 1. Connect the device to mains power.
- 2. Charging commences as indicated by a flashing battery charging indicator symbol in the Information bar.

Notes:

- When charging a completely depleted battery, it will normally take up to 30 minutes to increase battery capacity from 0% to 1%.
- If the device has been stored outside the operating temperature range, an alarm message (Power fault / No charging) may appear. You can continue using the device, however, if the alarm persists for more than 2 hours the battery may need replacement

For Review: April 2023 Author: LTV Team

Types of Ventilation Circuits

Types of Adapters



	Adapter		For use with
1	Single limb leak	4	Single limb circuit with intentional leak
2	Single limb	ſil	Single limb circuit with expiratory valve (expiratory valve integrated into the circuit)
3	Double limb (Astral 150 only)	Ŵ	Double limb circuit (expiratory valve integrated into the adapter) OR single limb circuit with intentional leak

Fitting the Circuit Adaptor

To fit the adapter:

- 1. Turn over the device and place on a soft surface (to protect the LCD screen).
- 2. Press and hold the eject button. Pull the cover out towards you.
- 3. Lift the adapter out of the socket.
- 4. Replace with the new adapter, ensuring it sits firmly in the socket.
- Place the cover over the enclosure, ensuring the runners on the device and the cover are aligned. Slide the cover back into place until the latch clicks.

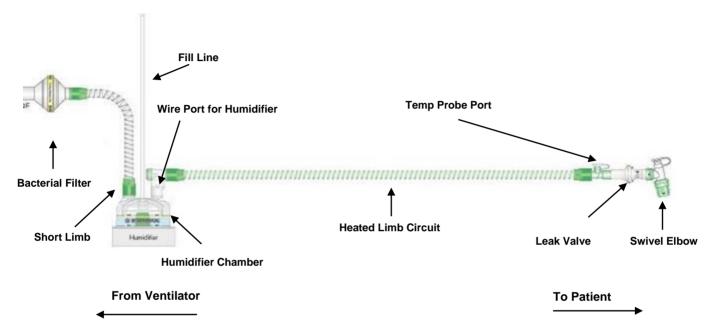


Common Types of Circuit:

Single Leaked Circuit (wet)

The whole circuit should be changed weekly at home (i.e., once every 7 days. See local hospital guideline for antibacterial filter.

Order code: 7073800 MR7LEAK15 from ResMed for circuit, 24988 from ResMed for leak valve (15 mm circuit). See equipment list for other order code. Please note that the circuits and leak valves come separately from April 2020 so please check stock.

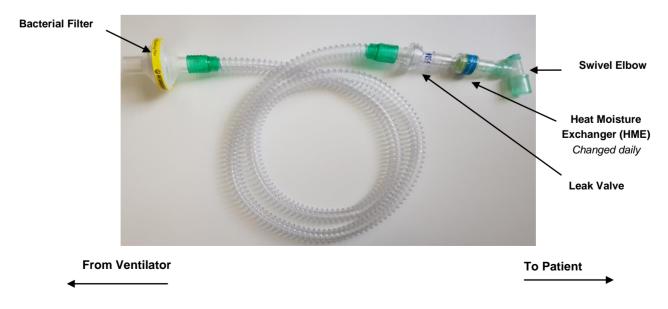


Single Leaked Circuit (dry)

The whole circuit should be changed every 7 days at home. See local hospital guideline for antibacterial filter.

*Note: Heat Moisture Exchanger should be changed daily (i.e., once every 24hours)

Order code: 7077399 7LEAK15 from ResMed for circuit (15mm circuit), 1850 from Intersurgical for HME, 24988 from ResMed for leak valve. See equipment list for other order code. Please note that the circuits and leak valves come separately from April 2020 so please check stock.



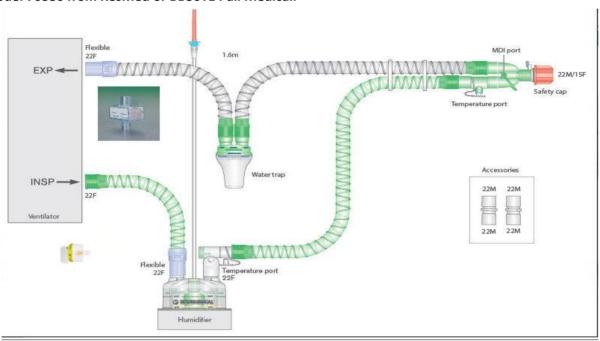
Other Circuit that may be seen:

Double Limb Circuit (wet)

The whole circuit should be changed weekly at home. See local hospital guideline for antibacterial filter. **Order code: 5504810** from Intersurgical for circuit, **1644** from Intersurgical for filter.

Note: The grey PALL Filter should be changed minimum daily (i.e., once every 24hrs)

Order code: 70386 from ResMed or BB50TE Pall Medical.



Double Circuit (dry)

The whole circuit should be changed every 7 days at home. See local hospital guideline for antibacterial filter.

Oder code: 5500 from Intersurgical

Note: Heat Moisture Exchanger should be changed daily (i.e., once every 24hours).

Order code: 1644 from Intersurgical for filter.



Insert Heat Moisture Exchanger here Changed daily

Turning On/Off

To turn the machine on and off, press the green button at the back of the machine. The ventilator can only be powered off once the ventilation has been stopped.



Circuit Calibration

The ventilator will need to have a 'learn circuit' run on initial set up and for any additional different circuit type that may be used i.e. a separate learn circuit is required for a wet circuit and then a dry circuit. The 'learn circuit' does not need to be run at each scheduled circuit change.

It is recommended if both a wet and dry circuit are in use that 2 separate ventilation programmes are set up (see page 15). A separate 'learn circuit' can be run for each programme and the ventilator will then remember the test for the relevant circuit when the programme is selected.

From the Setup Menu, select the Circuit sub-menu. Press start and follow the on-screen prompts.



If 'skip' is selected, the device will revert to default factory settings.



Follow the on-screen prompts to attach and test the circuit. A test result is displayed if any of the tests fail, otherwise the Learn Circuit function has been successfully completed and you will be returned to the main settings page.

See 'Troubleshooting Common Problems' Section if the Learn Circuit fails for more guidance.

Note: It is acceptable to use a circuit that gives a caution message as the Astral device will compensate for circuit resistance and compliance. However extra care should be taken to monitor patient parameters.

Programming Ventilation

Unlock the clinical menu, press and hold the **padlock** symbol for 3 seconds.



Select 20 minutes or Unlimited then it will direct you to the main settings. You will be able to change the settings on this interface depending on the tab you are in.



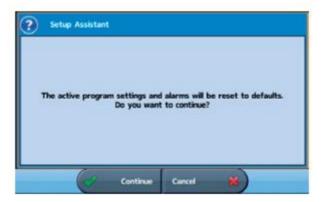
To exit clinical menu, press . The exit clinical mode screen is displayed. Press Confirm

Using Set-up Assistant

-To quickly set-up a ventilation to a new patient. Select 'set up assistant' and press start.



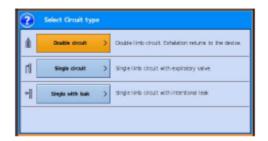
A warning message will display then select **Continue**.



Select the type of patient: adult or paediatric.



Select the circuit type you wish to use.



The ventilator will now prompt you to run a 'learn circuit' (see page 14). Following a successful 'learn circuit' you will now see the modes menu displayed - select the desired mode.



Once the desired mode is selected you will be taken directly to the settings screen.



To enter the desired settings, highlight each parameter in turn. As a parameter is highlighted, up and down arrows will appear to the right hand side of the screen. Use these to select the desired value. Once you have finished press 'apply'.



Optional (may be change in double type of circuit): To alter trigger type, select 'circuit'. The following menu will be displayed and the trigger can be set as either pressure or flow.



Adding Additional Ventilation Programmes

Up to 4 ventilation programmes may be enabled. To do this, unlock the clinical menu, press and hold the **padlock** symbol for 3 seconds.

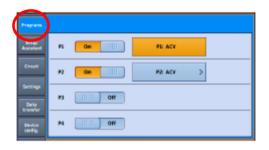
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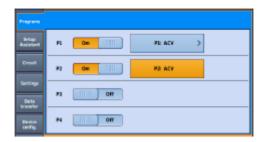
Select 20 minutes or Unlimited then it will direct you to the main settings.



Then select 'program' from the menu on the left hand side of the screen.



The active program highlighted will be activated when switched "ON" from the Tab. In the example below P2 is now on and active.



After activating the additional program, select 'set up assistant' to select the patient type, circuit and run a 'learn circuit' before entering the desired settings. **See Page**: 'Programming Ventilation' for detailed guidance on this.

Changing Between Ventilation Programmes

It is possible to set up more than one ventilation programme. For example, some children may have a programme of ventilation set to use when they are well and another for when they are unwell or for use with a wet ventilation circuit and a dry ventilation circuit. If more than one ventilation programme is set, the home screen will appear as below:



To activate the correct programme, press on the appropriate icon so that it turns orange.

Press 'confirm'

Then press start ventilation



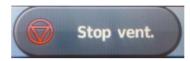
Note: The ventilation should be started with the cap on the end of the circuit and removed once ready to attach to the tracheostomy tube

Starting/Stopping Ventilation

To start ventilation, press the start ventilation icon.



To stop the ventilation, press and hold the stop ventilation icon for 3 seconds. Release when prompted and then select 'confirm'.



Entraining Oxygen

Oxygen is entrained via the oxygen nozzle on the back of the machine.

Note: When the machine is not in use oxygen should be turned off and when oxygen is not required the oxygen nozzle should be removed.





The condition of the air filter should be inspected and checked weekly to see if it is blocked by dust or dirt. If it the filter is deemed in good condition is should be changed monthly. If on a weekly inspection it is found to be blocked that is advisable to change the filter even if the filter is less than 4 weeks old. NB. The filter is not reusable and cannot be washed.

Before replacing the air filter, turn off the device and remove mains power and/or external battery.

- 1. Unlock the air filter cover by turning in an anti-clockwise direction.
- 2. Pull the air filter cover from the device.
- 3. Pull the air filter from the cover and discard.
- 4. Insert a new filter into the cover.
- 5. Insert the air filter and cover back into the device.
- 6. Turn in a clockwise direction to secure in place.

Order code: 27939 for pack of 4 filters.



Locking/Unlocking

The closed padlock icon indicates that the ventilator is in the 'patient mode'. In this mode settings and monitoring of ventilation may be viewed but manipulation of parameters is not possible.

To unlock the clinical menu press and hold the **padlock** symbol for 3 seconds.



You will then have the option to unlock for 20 minutes or unlimited time. If unlimited is selected the ventilator will remain unlocked until manually locked (see below) or the device is powered down.

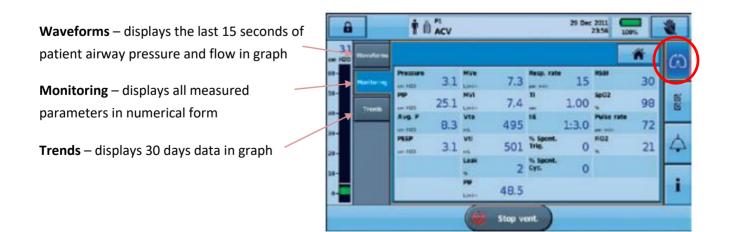
Caution: Only select unlimited if the ventilator will be under constant observation of a suitably qualified professional.

To lock press the padlock icon then press confirm. The padlock will lock, and the patient home screen will be displayed.



Monitoring

The monitoring menu allows you to see real time ventilation data that comprised of waveforms, monitoring and trends. To enter the monitoring menu, click on the menu on the right. Then select the monitoring menu icon from the right hand side of the screen.



Altering Parameters

To change a ventilation parameter, first ensure the clinical menu is unlocked.

Select the settings menu from the right hand side of the screen.



Select 'Settings' then highlight the parameter you wish to alter.

As a parameter is highlighted, up and down arrows will appear to the right hand side of the screen. Use these to select the desired value. Once you have finished, press 'apply'.



Setting Alarms



To set alarms, first ensure the clinical menu is unlocked. Select the alarm menu option from the right hand side of the screen



Select the alarm parameter you wish to adjust in each tab above.



Use the arrows to alter the parameter then press 'apply' to confirm your selection.

Activated Alarms



When an alarm is activated the ventilator will provide both audible and visual alerts. A message is also displayed detailing the nature of the alarm.

- **1. Alarm Display**. Shows the alarm message for either the highest priority alarm or the last active alarm not yet reset.
- 2. Active Alarms Screen. Displays all the active alarms. Alarms will disappear from this list as they are resolved.
- **3. Information Menu**. To see a history of all activated alarms press the '1' icon.
- **4. Alarm Mute/Reset Button**. This button allows you to mute an active alarm or reset the alarm display if no current alarm. When an alarm is muted this lasts for 2 minutes. During this period the mute botton will flash. To cancel the mute simply press the button again.
- **5. Alarm Priority**. Alarms are classified into high, medium and low priority according to the urgency that the alarm needs to be dealt with.

Alarm priority		Alarm bar	Audible alert
High	*	Red flashing light	10 beeps every 5 seconds
Medium	黨	Yellow flashing light	3 beeps every 15 seconds
Low		Yellow steady	2 beeps every 25 seconds

IMPORTANT: All alarms should be responded to no matter what the priority. The priority indicator aims to guide the urgency in which the situation needs to be resolved.

Testing Alarms

Alarm Checks - Must be carried out at the beginning of each shift. A good time to do this would be when the patient requires suctioning. It would be useful for two people to do this in order to check the alarms.

- When tubing is first disconnected check that low pressure, disconnection or low tidal volume alarms are triggered
- Occlude the vent circuit whilst running and check the high pressure or low tidal volume alarms are triggered

Understanding Alarms

	Low VTE	/Low MVE	
Disconnection/leak	/High MVe/High Vte		
1 Assess child	Action	1 Assess child	Action
Accidental	Immediately insert	Possible	Emergency
decannulation	tracheostomy	causes	algorithm:
(i.e., tracheostomy	If difficulty, follow	include:	1. Suction
has come out)	emergency	Blocked	2. Emergency
	algorithm	tracheostomy	tracheostomy
			change
2 Assess	Cause	2 Assess child	Action
equipment	- some leak may be	Retained	• suction,
Disconnection	tolerated and may	secretions/	consider need
within circuit	be due to position	increased	for nebulisers,
(follow circuit from	of child – discuss	pulmonary	physiotherapy
child through to	with community ±	resistance etc.	 refer to advanced
ventilator and	medical teams, who		treatment plan
ensure everything	can consider need		discuss with
is connected –	for cuffed trache or		community or
NB humidifier	upsize		medical team
connectors etc.			
may be slightly			
loose)			
3 Assess child	Action	3 Assess	1 Assess child
Possible	 Reconnect any 	equipment	Correct fault
causes include:	loose connections	Circuit	• Re-assess
Leak around	• Re-assess	blockage	
tracheostomy		(Follow circuit	
(particularly when		from child through	
asleep)		to ventilator	
		and ensure it is	
		not kinked or	
		obstructed)	
Is the alarm set	Check alarm	Is the alarm set	Check alarm
appropriately	settings are as	appropriately	settings are as
(i.e., as previously	prescribed and	(i.e., as previously	prescribed and
recorded and	re-set if any	recorded and	re-set if any
checked at start of	discrepancies	checked at start of	discrepancies
shift)		shift) ented) Mask Alarm	

NV Mask (Non-Vented) Mask Alarm

Check exhalation value is not blocked or covered and within circuit. NB: If Jetstream nebuliser is running in circuit this alarm is frequently triggered.

Troubleshooting Common Problems

Machine Failure

 Hand-ventilate immediately and change ventilator. Organise a new ventilator. Children ventilated >12 hours should have a backup machine.

Learn Circuit Failure		
May be due to:		
Any leaks in the circuit e.g., heater wire loose in the humidifier.		
Any leak from the end of the circuit when occluding on the final stage-use cap if possible,		
to occlude end or firmly place against palm of hand.		
Any leak in the circuit-check integrity and replace if needed		
Leak valve/HME has been left on circuit-needs to be removed		
If ventilator has been in use and is warm this can sometimes cause the learn circuit to		
fail-switch to another ventilator if possible and allow ventilator to cool, then retest.		
Internal switch getting stuck-correct this by performing the learn circuit with the		
ventilator being held with the front of the ventilator facing the floor.		

Humidification Problems

- Humidifier will alarm if temperature is too high or too low.
- Heater wire: life spam approximately 8 months
- Temperature gauges: one at humidifier and one at patient
- Water in humidifier chamber: if low, temperature will go up if too much H₂0, temperature will go down
- Frequent disconnections: increase in cold air entry will increase heater activity so beware of increased heat on reconnection

Ventilator Alarming Low Pressure

 Could be caused by disconnection/leak in the circuit. Check circuit for splits, check for disconnection at the tracheostomy, of the humidifier wires and at the machine.

Ventilator Alarming High Pressure

• May be due to

Tracheostomy partially or completely blocked

Kink in the ventilator circuit

Expiratory valve covered therefore blocked.

Ventilator Alarming Low Volume (VTE or MVe)

May be due to

Pressure control set to low

Tracheostomy partially or completely blocked

Patient in need of airway clearance

Patient developing lung pathology

Obstruction in circuit, check along circuit

Patient upset, uncomfortable or experiencing abdominal expansion due to feeds therefore shallow breathing

Ventilator Alarming High Volume (VTE or MVe)

• May be due to

Could be caused by disconnection/leak in the circuit. Check circuit for splits, check for disconnection at the tracheostomy, of the humidifier wires and at the machine.

Patient upset, uncomfortable or excited.

Patient is moving or being moved.

Ventilator Alarming Low Pressure

Could be caused by disconnection/leak in the circuit. Check circuit for splits, check for disconnection at the tracheostomy, of the humidifier wires and at the machine.

Ventilator Alarming High/Low Respiratory Rate

• May be due to

Respiratory limits set too low or high

Patient upset, uncomfortable or excited.

Patient very active in movement and machine ventilator misreads movement as a breath.

Low PEEP

• May be due to

Blockage or leak in the circuit or expiratory valve or tracheostomy leak

Disconnection

Ventilator Alarming NV Mask.

Is normally caused by a blockage in the ventilator. This may be due to:

Covering of the leak valve

Blockage of the leak valve by condensation and/or secretions.

Addition of supplemental oxygen/air into the circuit when using Jetstream nebulisers for example.

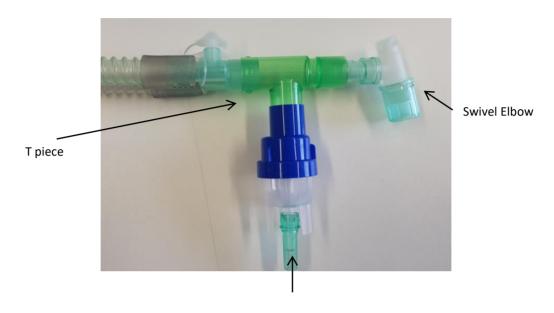
Coughing.

Using Nebulisers

Nebulisers are attached to the ventilator circuit as shown below. The nebuliser is powered by an air compressor.

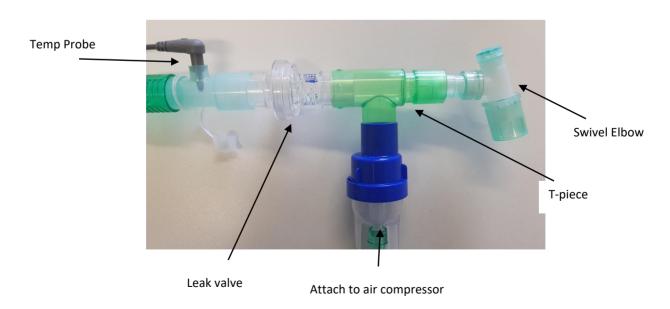
Using a Nebuliser in a Double Limb Circuit

The Double limb circuit is a closed system therefore particles will remain within the system.



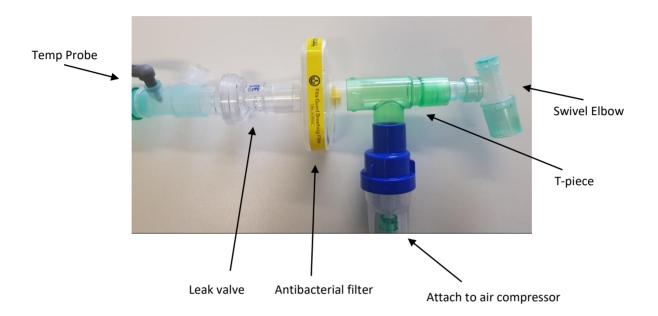
Attach to air compressor

Using a Nebuliser in a Single Leaked Circuit



Note: For dry circuit, HME may be removed during nebulisation

For **nebulising antibiotics in a single leaked circuit,** an antibacterial filter must be used in between the nebuliser chamber and expiratory leak to prevent particles escaping into the atmosphere. (**Please check your local policy on whether antibiotic nebulisers require filtering**)



Please note: the correct filter to use is shown in the picture above – order code: <u>1944000</u> (intersurgical) and FTC038

Consumables:

- Antibacterial filter should be changed weekly at home see local policy for hospital setting
- Air filter at the back of the ventilator should be checked weekly and changed monthly. Changed sooner
 if needed.
- Breathing circuit should be changed weekly

NOTE: Please see equipment list for ordering information

Ventilator Tips:

- Allow a period for a ventilator to do it self test prior to connecting to the child. Check that the alarm sounds two test beeps and the LEDs for the alarm signal and the alarm mute/reset button flash if any of the self check components (audible, Light or air) do not occur do not use device.
- Check the alarms prior to connecting the child to the ventilator.
- Good practice to perform the Learn Circuit within the last month.
- If learn circuit fails 3 times do not use device
- Ensure that you are in the correct programme as per individualize patient's plan.
- If 24-hour ventilation is required, the patient should have a back-up ventilator ensuring equal usage to both ventilators.
- Lock the machine after the appropriate settings are entered to avoid accidental tampering.

Useful Contact Information

For further advice on the ResMed Astral 150 ventilator machine on the phone during week working hours:

ResMed (UK)

Registered address: ResMed Address: Quad 1, First Floor, Becquerel Ave, Harwell Campus OX11 ORA Didcot,

United Kingdom.

Customer Services: 01235862997

Check your service agreement for your options.